## Society for Clinical and Experimental Hypnosis

2021 Midyear Clinical Hypnosis Workshops April 23-24, 2021

## **Continuing Education Packet**

#### **Instructions:**

✓ A completed "CE packet" is required in order to receive continuing education credit. CE packets are accepted by MAIL only. Email/ scan packets will not be accepted.

## What Does a Complete CE Packet Consist of?

A complete CE Packet consist of:

- 1. Continuing Education Application Form
- 2. Attendance Logs
- 3. Evaluation form for **EACH** training in which you participate

## **How Do I Submit my CE Packet?**

CE Packets are accepted by MAIL only, and should be postmarked <u>not later</u> than 30-days following the Conference.

Mail completed CE packets to:

Anne Doherty Johnson Society for Clinical and Experimental Hypnosis 305 Commandants Way – Commoncove Suite 100 Chelsea, MA 02150-4057

## How Will I receive CE verification?

Your completed CE packet will be shipped by SCEH to *The Institute for Continuing Education* for processing. You will receive CE verification from *The Institute for Continuing Education* by mail, approximately 2-3 weeks following receipt of your completed CE Packet from SCEH. The mailing address you submit on the CE Application Form is used to mail your CE verification.

The Institute for Continuing Education

Questions: 800-557-1950 / email: instconted@aol.com

#### **CONTINUING EDUCATION**

This program is co-sponsored by the Society for Experimental and Clinical Hypnosis and *The Institute for Continuing Education*. The program offers continuing education credit as listed with the schedule. Full attendance is required for the workshops in which you participate. Partial CE credit is not offered. There is no additional fee for continuing education credit.

<u>Course Completion</u>: To qualify to receive continuing education credit, attendees must complete a CE Packet and comply with attendance monitoring regulations. CE verification is mailed to attendees within 30-days following the receipt of completed CE materials.

<u>Questions</u>: If you have questions regarding continuing education, the program, faculty, please contact *The Institute* at: 800-557-1950; e-mail: <u>instconted@aol.com</u>.

<u>Note</u>: It is the responsibility of attendees to determine if continuing education credit offered by The Institute for Continuing Education meets the regulations of their licensing/certification board.

#### **Continuing Education Offered:**

**Psychology:** The Institute for Continuing Education is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

**New York**: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0043.

**Counseling:** The Institute for Continuing Education and the Society for Clinical Experimental Hypnosis are cosponsors of this program. This cosponsorship has been approved by NBCC. The Institute for Continuing Education is an NBCC approved continuing education provider, No. 5643. The Institute for Continuing Education solely is responsible for this program, including the awarding of NBCC credit.

**New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

**Ohio:** The Institute for Continuing Education is recognized as a provider of continuing education by the Ohio Counselor, Social Worker Board, Provider RCS 030001.

**Social Work:** This program has been approved for social work continuing education hours for re-licensure, in accordance with 258 CMR, NASW-MA Chapter CE Approving Program. Authorization D-81390.

**New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers. Provider No. SW-0025.

Ohio: Counseling and Social Work Board, Provider RCS 030001.

**Marriage/Family Therapy:** The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for LMFTs, LCSWs, LPCC, as required by the California Board of Behavioral Sciences.

**New York MFT**: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. **Skill Level:** Workshops are noted for skill level (Basic, Intermediate, Advanced).

<u>Instruction Methodology:</u> May include lecture, audio-visual, demonstration, experiential practice of techniques, large and small group discussion.

Ethics Hours / Academic Credit: The Conference offers no "academic" credit and CE hours awarded are not eligible toward fulfillment of a degree. No "ethics" hours are offered.

## Application Form

## **Continuing Education Credit**

Society for Clinical and Experimental Hypnosis 2021 Midyear Clinical Hypnosis Workshops

		Processing Fee: \$ NONE
Please Print Your:		
Name:		
Address:		
City:	State	Zip
Telephone: ()	email:	
<u> </u>	Request for Continuing	Education Credit
I request continu	ing education credit verification	in the professional discipline(s) of:
Psychology	Social Work Cou	unseling Marriage/Family
State(s) in which you are lic	censed:	
License Number:	<del></del>	
return a CE Packet. By signing this App	lication Form, I am certifying that I att	be eligible for continuing education credit, I must complete and rended, in its entirety, the sessions listed on the Attendance Logs. The Institute for Continuing Education meets the regulations of
	Signature:	
Check Dates Attending:	_	
FRI, April 23, 2021		
SAT, April 24, 2021		

The Institute for Continuing Education P. O. Box 778, Saraland, AL 36571 800-557-1950 /e-mail: instconted@aol.com

## **Record of Attendance**

Print Your Name:	
Directions: Check the Session(s) You Attend	
Friday, April 23, 2021  8:00 a.m. – 4:30 p.m. INTRODUCTORY WORKSHOP – Part 1: Basic Foundations of Clinical and Applied Hypnosis (8:00 a.m. – 4:30 p.m.) Faculty: Barbara S. McCann, Ph.D. / Donald P. Moss, Ph.D. / Vivek Datta, M.D. / Tova Frani Fuller, M.D. , Ph.D. / Catherine McCall, M.D.	6.50 hrs.
INTERMEDIATE WORKSHOP – Part 1: Training in Clinical and Applied Hypnosis (8:00 a.m. – 4:30 p.m. <u>Faculty</u> : David B. Reid, Psy.D. / Ciara C. Christensen, Ph.D.	6.50 hrs.
9:00 a.m. – 1:15 p.m Advanced Workshop 301 - Clinical Hypnosis for Pain-Related Anxiety Faculty: Shelby Morgan Reyes, Ph.D. / Elizabeth Walsh, Ph.D.	4.00 hrs.
2:30 – 4:45 p.m. 302 –Hypnotherapy for Stress Management: Integration of Mindfulness, Music, Relaxation, and Suggestion in Clinical Practice Faculty: Gary Elkins, Ph.D. / Mattie Biggs, MSCP	2.00 hrs.
Saturday, April 24, 2021  8:00 a.m. – 4:00 p.m.  INTRODUCTORY WORKSHOP – Part 2: Basic Foundations of Clinical and Applied Hypnosis (8:00 a.m. – 4:30 p.m.)  Faculty: Barbara S. McCann, Ph.D. / Donald P. Moss, Ph.D. / Vivek Datta, M.D. / Tova Frani Fuller, M.D. , Ph.D. / Catherine McCall, M.D.	6.00 hrs.
INTERMEDIATE WORKSHOP – Part 2: Training in Clinical and Applied Hypnosis (8:00 a.m. – 4:30 p.m. <u>Faculty</u> : David B. Reid, Psy.D. / Ciara C. Christensen, Ph.D.	6.00 hrs.
9:00 a.m. – 1:15 p.m Advanced Workshop 303 - Hypnosis Applications for Chronic Illness and Medical Procedures Faculty: Damita LaRue, Psy.D., FT, CCISM	4.00 hrs.
Total Hrs. Claimed:	<del></del>

## **Introductory / Basic: Foundations of Clinical and Applied Hypnosis**

Barbara McCann, Ph.D. / Tava F. Fuller, Ph.D., M.D. / Catherine McCall, M.D. / Vivet Datta, M.D., MPH / Donald Moss, Ph.D.

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high).

	HI	GH	Neutral		LOW	
I. Content / Relevancy/ Teaching Methods:						
a) Content was appropriate for intended audience	5	4	3	2	1	
b) Content was consistent with stated learning objectives	5	4	3	2	1	
c) Content included recent studies/findings/literature on topic	5	4	3	2	1	
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1	
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1	
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1	
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1	
h) Content was useful, applicable to practice, and enhanced my professional development	5	4	3	2	1	
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1	
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1	
k) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1	
l) I would recommend this program to others	5	4	3	2	1	

III. Faculty:					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including applicable risk of medications	5	4	3	2	1

IV. Overall Rating:					
a) This session met or exceeded my expectations	5	4	3	2	1
b) How much did you learn as a result of this CE program	a great deal s		some very little		little
c) How useful was the content of this CE program for your practice and other professional development	extremely useful			not u	seful

	HIGH		HIGH		HIGH		HIGH		HIGH		Neutral	L	<i>OW</i>
V. Logistics / Technology / Administration:													
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1 N/A								
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1								
c) Course/ training registration was user-friendly	5	4	3	2	1								
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1 N/A								
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1								
f) Registration went smoothly and the event was well managed	5	4	3	2	1								

VI. Comments About This Training: _		
-		

		Neutral	LO	W
net:				
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
5	4	3	2	1
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## **Intermediate Training in Clinical and Applied Hypnosis**

David B. Reid, Psy.D. / Ciara C. Christensen, Ph.D.

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	H	IGH	Neutral		LOW	
I. Content / Relevancy/ Teaching Methods:						
a) Content was appropriate for intended audience	5	4	3	2	1	
b) Content was consistent with stated learning objectives	5	4	3	2	1	
c) Content included recent studies/findings/literature on topic	5	4	3	2	1	
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1	
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1	
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1	
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1	
h) Information could be applied to practice and enhanced my professional expertise	5	4	3	2	1	
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1	
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1	
k) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1	
l) I would recommend this program to others	5	4	3	2	1	

III. Faculty:						
a) Knowledgeable in content areas	5	4	3	2	1	
b) Presented the subject matter clearly and clarified content	5	4	3	2	1	
c) Responsive to participants and to their questions	5	4	3	2	1	
d) Used technology effectively	5	4	3	2	1	
e) Reviewed limitations to material presented	5	4	3	2	1	
f) Described severe and most common risks, including risk of medications	5	4	3	2	1	

IV. Overall Rating:						
a) Visual and technology aids were up-to-date and adequately administered	5	4	3	2	1	
b) Conference facility was adequate and location was suitable for training	5	4	3	2	1 N/A	
c) This session met or exceeded my expectations	5	4	3	2	1	
d) How much did you learn as a result of this CE program	a great	a great deal		very l	little	
e) How useful was the content of this CE program for your practice and other professional development	extremely useful			not useful		

	HIGH		Neutral	LOW	
V. Logistics / Technology / Administration:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1 N/A
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly and event was well managed	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1

VI.	<b>Comments About This Training:</b>	
	<b>3</b> -	

		Neutral	LO	W		
II. Learning Objectives: stated learning objectives were met:						
5	4	3	2	1		
5	4	3	2	1		
5	4	3	2	1		
5	4	3	2	1		
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5	4	3	2	1		
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5	4	3	2	1		
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## Advanced Workshop 301 Clinical Hypnosis for Pain-Related Anxiety Shelby Morgan Reyes, Ph.D. / Elizabeth Walsh, Ph.D.

9:00 a.m. – 1:15 p.m.

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	H	IGH	Neutral	!	LOW	
I. Content / Relevancy/ Teaching Methods:						
a) Content was appropriate for intended audience	5	4	3	2	1	
b) Content was consistent with stated learning objectives	5	4	3	2	1	
c) Content included recent studies/findings/literature on topic	5	4	3	2	1	
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1	
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1	
f) Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1	
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1	
h) Information could be applied to practice and enhanced my professional expertise	5	4	3	2	1	
i) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1	
j) Information could contribute to achieving personal and professional goals	5	4	3	2	1	
k) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1	
l) I would recommend this program to others	5	4	3	2	1	

II. Learning Objectives: Learning Objectives were met:						
1. Describe 3 mechanisms through which anxiety influences the experience and the expression of acute and chronic pain	5	4	3	2	1	
2. Describe 3 potential clinical applications for hypnosis with individuals experiencing anxiety related to pain	5	4	3	2	1	
3. Summarize research findings on the effectiveness of clinical hypnosis for procedural and chronic pain anxiety management	5	4	3	2	1	
4. Describe the application of techniques for induction and suggestions of comfort and relaxation, applicable for use among individual with chronic or acute pain	5	4	3	2	1	

III. Faculty:					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including risk of medications	5	4	3	2	1

	HIGH		Neutral	LON	V
IV. Overall Rating:					
a) Visual and technology aids were up-to-date and adequately administered	5	4	3	2	1
b) Conference facility was adequate and location was suitable for training	5	4	3	2	1 N/A
c) This session met or exceeded my expectations	5	4	3	2	1
d) How much did you learn as a result of this CE program	a great o	leal	some	very li	ittle
e) How useful was the content of this CE program for your practice and other professional development	extreme	ely use	ful	not us	seful

V. Logistics / Technology / Administration:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1 N/A
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly and event was well managed	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the course/ training	5	4	3	2	1

VI. Comments About Thi	s Training: _		
	5 –		

#### **Advanced Workshop 302**

Hypnotherapy for Stress Management: Integration of Mindfulness, Music, Relaxation, and Suggestion in Clinical Practice
Gary Elkins, Ph.D. / Mattie Biggs, MSCP
2:30 – 4:45 p.m.

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

I. Content / Relevancy/ Teaching Methods:  a) Content was appropriate for intended audience  5 4 3  b) Content was consistent with stated learning objectives  5 4 3  c) Content included recent studies/findings/literature on topic  5 4 3  d) Teaching methods were appropriate and effective for subject matter  5 4 3  e) This program is appropriate to my education, experience, and skills level  6 Cultural, racial, ethnic, socio-economic, and gender differences were considered  7 Sy Visual aids, handouts, and oral presentations clarified content and were useful  8 Julianation could be applied to practice and enhanced my professional expertise  9 I I did not perceive any commercial bias or conflict of interest  10 I Information could contribute to achieving personal and professional goals  11 I would recommend this program to others  12 I Would recommend this program to others  13 I I would recommend this program to others  14 3 3 3 4 3 4 3 4 3 4 3 4 3 4 3 4 4 3 4 4 3 4 4 3 4 4 3 4 4 3 4	2 2 2 2 2 2 2 2 2	1 1 1 1 1	
b) Content was consistent with stated learning objectives  c) Content included recent studies/findings/literature on topic  d) Teaching methods were appropriate and effective for subject matter  e) This program is appropriate to my education, experience, and skills level  f) Cultural, racial, ethnic, socio-economic, and gender differences were considered  g) Visual aids, handouts, and oral presentations clarified content and were useful  h) Information could be applied to practice and enhanced my professional expertise  j) Information could contribute to achieving personal and professional goals  k) Timeline of course adhered to the advertised time, and CE credits offered  j) I would recommend this program to others  H. Learning Objectives: Learning Objectives were met:  Cite current research literature on the prevalence and factors contributing to  stress and anxiety  State a contemporary definition of hypnosis as it may relate to mindfulness,  music, relaxation and suggestion  Jidentify hypnotic techniques using mindfulness, music, relaxation and/or suggestion  d) Identify hypnotic techniques using mindfulness, music, relaxation and/or suggestion  TIII. Faculty:	2 2 2 2 2 2 2 2	1 1 1 1	
c) Content included recent studies/findings/literature on topic 5 4 3 d) Teaching methods were appropriate and effective for subject matter 5 4 3 e) This program is appropriate to my education, experience, and skills level 5 4 3 f) Cultural, racial, ethnic, socio-economic, and gender differences were considered 5 4 3 g) Visual aids, handouts, and oral presentations clarified content and were useful 5 4 3 h) Information could be applied to practice and enhanced my professional expertise 5 4 3 i) I did not perceive any commercial bias or conflict of interest 5 4 3 j) Information could contribute to achieving personal and professional goals 5 4 3 k) Timeline of course adhered to the advertised time, and CE credits offered 5 4 3 l) I would recommend this program to others 5 4 3  H. Learning Objectives: Learning Objectives were met:  1. Cite current research literature on the prevalence and factors contributing to 5 4 3 stress and anxiety 2. State a contemporary definition of hypnosis as it may relate to mindfulness, 5 4 3 music, relaxation and suggestion 5 4 3 for stress management 5 4 3  HII. Faculty:	2 2 2 2 2 2	1 1 1 1	
d) Teaching methods were appropriate and effective for subject matter  e) This program is appropriate to my education, experience, and skills level  f) Cultural, racial, ethnic, socio-economic, and gender differences were considered  f) Cultural, racial, ethnic, socio-economic, and gender differences were considered  f) Cultural, racial, ethnic, socio-economic, and gender differences were considered  f) Cultural, racial, ethnic, socio-economic, and gender differences were considered  f) Cultural, racial, ethnic, socio-economic, and gender differences were considered  f) Quality and or all presentations clarified content and were useful  f) Usual aids, handouts, and oral presentations clarified content and were useful  f) I did not perceive any commercial bias or conflict of interest  f) I did not perceive any commercial bias or conflict of interest  f) I did not perceive any commercial bias or conflict of interest  f) Information could contribute to achieving personal and professional goals  f) Information could contribute to achieving personal and professional goals  f) I would recommend this program to others  f) 4 3  H. Learning Objectives: Learning Objectives were met:  1. Cite current research literature on the prevalence and factors contributing to stress and anxiety  2. State a contemporary definition of hypnosis as it may relate to mindfulness, music, relaxation and suggestion  f) 4 3  music, relaxation and suggestion for stress management  HI. Faculty:	2 2 2 2 2	1 1 1	
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f) Cultural, racial, ethnic, socio-economic, and gender differences were considered g) Visual aids, handouts, and oral presentations clarified content and were useful 5 4 3 h) Information could be applied to practice and enhanced my professional expertise 5 4 3 i) I did not perceive any commercial bias or conflict of interest 5 4 3 j) Information could contribute to achieving personal and professional goals 6 4 3 k) Timeline of course adhered to the advertised time, and CE credits offered 7 5 4 3 l) I would recommend this program to others 7 5 4 3  II. Learning Objectives: Learning Objectives were met: 1. Cite current research literature on the prevalence and factors contributing to 8 5 4 3 8 5 4 3 8 7 3 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	2 2 2	1	
g) Visual aids, handouts, and oral presentations clarified content and were useful  h) Information could be applied to practice and enhanced my professional expertise  i) I did not perceive any commercial bias or conflict of interest  j) Information could contribute to achieving personal and professional goals  k) Timeline of course adhered to the advertised time, and CE credits offered  5	2 2	_	
h) Information could be applied to practice and enhanced my professional expertise  5	2	4	
i) I did not perceive any commercial bias or conflict of interest  j) Information could contribute to achieving personal and professional goals  k) Timeline of course adhered to the advertised time, and CE credits offered  5 4 3  l) I would recommend this program to others  5 4 3  II. Learning Objectives: Learning Objectives were met:  1. Cite current research literature on the prevalence and factors contributing to stress and anxiety  2. State a contemporary definition of hypnosis as it may relate to mindfulness, music, relaxation and suggestion  3. Identify hypnotic techniques using mindfulness, music, relaxation and/or suggestion for stress management  III. Faculty:	_	1	
j) Information could contribute to achieving personal and professional goals  k) Timeline of course adhered to the advertised time, and CE credits offered  5 4 3  l) I would recommend this program to others  5 4 3  II. Learning Objectives: Learning Objectives were met:  1. Cite current research literature on the prevalence and factors contributing to stress and anxiety  2. State a contemporary definition of hypnosis as it may relate to mindfulness, music, relaxation and suggestion  3. Identify hypnotic techniques using mindfulness, music, relaxation and/or suggestion for stress management  III. Faculty:		1	
k) Timeline of course adhered to the advertised time, and CE credits offered  5 4 3  1) I would recommend this program to others  5 4 3  II. Learning Objectives: Learning Objectives were met:  1. Cite current research literature on the prevalence and factors contributing to stress and anxiety  2. State a contemporary definition of hypnosis as it may relate to mindfulness, music, relaxation and suggestion  3. Identify hypnotic techniques using mindfulness, music, relaxation and/or suggestion  5 4 3  III. Faculty:	2	1	
II. Learning Objectives: Learning Objectives were met:  1. Cite current research literature on the prevalence and factors contributing to stress and anxiety  2. State a contemporary definition of hypnosis as it may relate to mindfulness, music, relaxation and suggestion  3. Identify hypnotic techniques using mindfulness, music, relaxation and/or suggestion for stress management  III. Faculty:	2	1	
<ul> <li>II. Learning Objectives: Learning Objectives were met:</li> <li>1. Cite current research literature on the prevalence and factors contributing to stress and anxiety</li> <li>2. State a contemporary definition of hypnosis as it may relate to mindfulness, music, relaxation and suggestion</li> <li>3. Identify hypnotic techniques using mindfulness, music, relaxation and/or suggestion for stress management</li> <li>5 4 3</li> <li>6 4 3</li> <li>7 5 4 3</li> <li>8 6 7 6 7 8 7 8 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9</li></ul>	2	1	
1. Cite current research literature on the prevalence and factors contributing to stress and anxiety  2. State a contemporary definition of hypnosis as it may relate to mindfulness, music, relaxation and suggestion  3. Identify hypnotic techniques using mindfulness, music, relaxation and/or suggestion  5	2	1	
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music, relaxation and suggestion  3. Identify hypnotic techniques using mindfulness, music, relaxation and/or suggestion 5 4 3 for stress management  III. Faculty:	2	1	
for stress management  III. Faculty:	2	1	
•	2	1	
•			
a) Knowledgeable in content areas 5 4 3			
	2	1	
b) Presented the subject matter clearly and clarified content 5 4 3	4	1	
c) Responsive to participants and to their questions 5 4 3	2	1	
d) Used technology effectively 5 4 3		1	
e) Reviewed limitations to material presented 5 4 3	2		

f) Described severe and most common risks, including risk of medications

	HIGH	r	Neutral	LON	V
IV. Overall Rating:					
a) Visual and technology aids were up-to-date and adequately administered	5	4	3	2	1
b) Conference facility was adequate and location was suitable for training	5	4	3	2	1 N/A
c) This session met or exceeded my expectations	5	4	3	2	1
d) How much did you learn as a result of this CE program	a great	deal	some	very li	ittle
e) How useful was the content of this CE program for your practice and other professional development	extremely useful		not us	seful	

V. Logistics / Technology / Administration:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1 N/A
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly and event was well managed	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the training	5	4	3	2	1

VI. Comments About This Training:	
8 -	

### Advanced Workshop 303

# Hypnosis Applications for Chronic Illness and Medical Procedures Damita LaRue, Psy.D., FT, CCISM 9:00 a.m. - 1:15 p.m.

Please indicate your rating of the presentation in the categories below by circling the appropriate number, using a scale of 1 (low) through 5 (high)

	H	IGH	Neutral		LOW	
I. Content / Relevancy/ Teaching Methods:						
a) Content was appropriate for intended audience	5	4	3	2	1	
b) Content was consistent with stated learning objectives	5	4	3	2	1	
c) Content included recent studies/findings/literature on topic	5	4	3	2	1	
d) Teaching methods were appropriate and effective for subject matter	5	4	3	2	1	
e) This program is appropriate to my education, experience, and skills level	5	4	3	2	1	
Cultural, racial, ethnic, socio-economic, and gender differences were considered	5	4	3	2	1	
g) Visual aids, handouts, and oral presentations clarified content and were useful	5	4	3	2	1	
n) Information could be applied to practice and enhanced my professional expertise	5	4	3	2	1	
) I did not perceive any commercial bias or conflict of interest	5	4	3	2	1	
) Information could contribute to achieving personal and professional goals	5	4	3	2	1	
x) Timeline of course adhered to the advertised time, and CE credits offered	5	4	3	2	1	
) I would recommend this program to others	5	4	3	2	1	

II. Learning Objectives: Learning Objectives were met:						
1. Identify the expanded areas of treatment when using the biopsychosocial model of care versus the biomedical model	5	4	3	2	1	
2. Explain how treatment outcomes can be enhanced using clinical hypnosis with clients before, during and after medical procedures	5	4	3	2	1	
3. Describe techniques to incorporate culture and spiritual beliefs into hypnosis to enhance clients' hypnosis experience	5	4	3	2	1	
4. Identify the limitations of focusing exclusively on relaxation when working with clients who are distressed by upcoming medical procedures	5	4	3	2	1	

III. Faculty:					
a) Knowledgeable in content areas	5	4	3	2	1
b) Presented the subject matter clearly and clarified content	5	4	3	2	1
c) Responsive to participants and to their questions	5	4	3	2	1
d) Used technology effectively	5	4	3	2	1
e) Reviewed limitations to material presented	5	4	3	2	1
f) Described severe and most common risks, including risk of medications	5	4	3	2	1

	HIGH	HIGH Neutral		LOW	7
IV. Overall Rating:					
a) Visual and technology aids were up-to-date and adequately administered	5	4	3	2	1
b) Conference facility was adequate and location was suitable for training	5	4	3	2	1 N/A
c) This session met or exceeded my expectations	5	4	3	2	1
d) How much did you learn as a result of this CE program	a great deal some		very little		
e) How useful was the content of this CE program for your practice and other professional development	extremely useful		not useful		

V. Logistics / Technology / Administration:					
a) Conference facility was adequate and location was suitable for training	5	4	3	2	1 N/A
b) Visual and technology aids were up-to—date and adequately administered	5	4	3	2	1
c) Course/ training registration was user-friendly and event was well managed	5	4	3	2	1
d) Instructions for requesting accommodations for a disability were clear	5	4	3	2	1
e) Questions or concerns were addressed effectively and in a timely manner with regard to administration of the training	5	4	3	2	1

VI. Comments About This Training: _	
8 -	