



## CERTIFICATION IN ACADEMIC AND RESEARCH APPLICATIONS OF HYPNOSIS

SCEH Certification provides a standard of excellence and dedication for the practice of clinical hypnosis and for the use of hypnosis in research and academic teaching. Given the ongoing flux and uncertainty in the health care industry, it is anticipated that certification in specialized direct care interventions will become the standard expectation from many third-party payers. SCEH Certification in Academic and Research Applications of Hypnosis (CARH) is designed for nonclinicians, who are engaged in teaching or research on hypnosis.

### Personal Information

Name \_\_\_\_\_ Company \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Phone (other) \_\_\_\_\_ Fax \_\_\_\_\_  
E-Mail \_\_\_\_\_ Website \_\_\_\_\_

### Education

Documentation of having received a masters or doctoral level degree from a regionally accredited University or College.

Description:

Date \_\_\_\_\_

### Hypnosis Workshop Training

Documentation of workshop/education training provided by SCEH, ISH, ASCH, or a recognized affiliate. All training must be informed by contemporary clinical and experimental hypnosis research and practice. Certificates of completion must accompany your application. Training requirements include a total of 70 hours of attendance at workshops, scientific programs, and case consultations on hypnosis as outlined below.

1. 12.5 hours of Basic level hypnosis workshop training guided by the *Standards of Training in Clinical Hypnosis*.

Description:

Date \_\_\_\_\_

2. 12.5 hours of Skills level hypnosis workshop training.

Description:

Date \_\_\_\_\_

3. 31 hours of Advanced level training through workshops, academic coursework, or case consultation.

*Any case consultation hours must take place either with an American Boards of Hypnosis Diplomate or an individual certified by SCEH or ASCH, and must be documented by a letter from the consultant. Academic coursework must be documented by official transcript.*

Description:

Date \_\_\_\_\_

4. 3 hours of ethics training in a clinical hypnosis workshop.

*The ethics modules in SCEH's Basic and Skills level hypnosis workshops satisfy this requirement.*

Description:

Date \_\_\_\_\_

5. 11 hours clinical and experimental hypnosis research training in a workshop or academic coursework (may include Institutional Review Board training).

*This requirement may be fulfilled by attendance at the SCEH Annual Scientific Program or SCEH workshop on Clinical/ Experimental Hypnosis Research or a combination of the two for a total of 11 hours of clinical/experimental hypnosis research training.*

Description:

Date \_\_\_\_\_

6. Attendance at one or more SCEH annual meetings or regional workshops in the three years prior to certification.

Description:

Date \_\_\_\_\_

### **SCEH Code of Ethics Agreement**

I agree to abide by the SCEH Code of Ethics (see <https://www.sceh.us/bylaws-code-of-ethics-policies> )

Initial here: \_\_\_\_\_

## Certification Fee

Certification application fee:  \$175.00 SCEH Members  \$350.00 Non-Members

Certification in Academic and Research Applications of Hypnosis requires renewal every three (3) years and should include documentation verifying least 20 hours of SCEH approved continuing education in hypnosis (workshops or scientific meetings at SCEH, ISH, ASCH or affiliate) and documentation of either teaching or conducting research on hypnosis.

Please check the following boxes as appropriate and complete the signature line below:

- I understand that false statements on this application shall be considered sufficient cause for rescinding certification through SCEH.
- I hereby agree that I am submitting this application voluntarily and that, if my application is not acted upon favorably, I will in no way seek to hold SCEH, or any of its officers, members, or agents responsible for action.
- By submitting this application I agree that I understand that the rules and statutes of the states vary in terms of the use of hypnosis and that I accept responsibility for the care of my clients or participants consistent with my discipline and licensure and that I should seek out consultation and/or supervision when in doubt regarding my practices or when questioned by others about my practice and that I will only use hypnosis within the scope of my practice.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Requirements Checklist

- Documentation of having received a masters or doctoral level degree from a regionally accredited University or College.
- Initialed agreement to abide by the SCEH Code of Ethics
- Application Fee

Documentation (certificates of completion) of the following workshop/education training:

- 12.5 hours of Basic level hypnosis workshop training
- 12.5 hours of Skills level hypnosis workshop training
- 31 hours of Advanced level training through workshops, academic coursework, or case consultation
- 3 hours of ethics training in a hypnosis workshop
- 11 hours of clinical/experimental hypnosis research training in a workshop or academic course
- Attendance at one or more SCEH annual meetings or regional workshops in the three years prior to certification.