

2026 Annual Conference

Scientific Program Preliminary Agenda

V. 6/3/2026

Please note all 2026 SCEH Annual Conference times are in Pacific Time (PT).

Saturday, October 17, 2026

8:00-9:30 AM

Presidential Symposium: Evidence-Based Hypnosis that Works

Introduction/Moderator

Donald Moss, PhD

The Efficacy of Hypnosis for Functional Seizure Disorders

Barbara McCann, PhD

Research Update: Hypnosis Intervention in Women's
Health during the Menopause Transition

Gary Elkins, PhD, ABPP, ABPH

The Efficacy of Hypnosis for Medical Applications

Jessie Markovits, MD

The Efficacy of Hypnosis for Anxiety

Ciara Christensen, PhD

Q&A

Donald Moss, PhD, Moderator

9:30-9:45 AM

Break

9:45-10:45 AM

Keynote: Hypnosis & AI Large Language Models (LLMs)

Peter Gardner, MD

10:45-11:30 AM

Break

11:30 AM-12:00 PM Poster Session 1 (5-10 minutes each)

See Accepted Posters Page

Thi Tra My Nguyen / Victor Padilla

12:00-12:15 PM Break

12:15-1:45 PM Research Presentations - Session 1

Suggestibility of Large Language Models

Zoltan Kekecs

App-Delivered Hypnotherapy for Menopausal Symptoms:
Findings from a Randomized Clinical Trial

Vanessa Muniz

Effect of Hypnosis Intervention on Anxiety in Post-
Menopausal Women: Secondary Analysis of a
Randomized Clinical Trial

Katherine Scheffrahn

A Clinical Framework for Hypnotically Facilitated Mystical
Experiences

Elisabeth Harris

Pilot Study of Guided Invocation for a Mystical Experience

Christopher Corlett

Q&A

1:45 PM Day 1 Wrap Up & Reminders

Sunday, 10/18/2026

8:00-9:00 AM

Keynote: An Expert, Multidisciplinary

Phenomenologically-Based Taxonomy of States of Consciousness

Etzel Cardeña, PhD

9:00 - 9:30 AM

Research Presentations - Session 2

Hypnosis-Based Intervention for Mystical Experiences: A Qualitative Analysis

Sharika Majeti

Psilocybin-Assisted Psychotherapy for Anxiety Symptoms: Review and Implications for Clinical Hypnosis

Alexander Hood

9:30-9:45 AM

Break

9:45-10:45 AM

Research Presentations - Session 2 continued

Hypnosis Induced Mysticism Vs. Psychedelics

David Patterson

Clinical Hypnosis' Effect on Hot Flashes: A Meta-Analysis

Vanessa Muniz

Everything But The Narrative: Utilizing Ericksonian Hypnosis as a Pedagogical Framework to Maximize the Implicit

Joseph Brodsky

Q&A

10:45-11:30 AM

Break

11:30 AM-12:00 PM

Research Presentations - Session 2 continued

Circuits of Fundamental Peace: Network-Based
Mechanisms of Hypnotic Emotion Regulation
Luis Miguel Gallardo

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12:00-12:15 PM

Break

12:15-1:15 PM

Keynote:

**The Iron Triangle: Altered Consciousness,
Hallucinogens, and Health**

Amir Raz, PhD

1:15-1:45 PM

Poster Session 2 (5-10 minutes each)

See Accepted Posters Page.

Fodie Koita / Boglarka Cserni /William MacDonald

1:45 PM

Scientific Program Ends