

# SCEH 2025 Annual Conference

## Scientific Program Schedule -- Preliminary Schedule

**76th Annual Workshops and Scientific Program**  
***The Future of Healing: Hypnosis in Multidisciplinary Care***  
**October 8-12, 2025 – Live online (Wednesday-Sunday)**

Please note that all posted times are in Pacific Time (PT). [Click here for help converting time zones.](#)

### Wednesday, Oct. 8

**TIME / PRESENTATION TYPE**  
**PRESENTER/ TOPIC**

<b>8:00 - 9:00 AM</b>	<b>KEYNOTE</b>
	Keynote #1: Katalin Varga
<b>9:00 - 9:30 AM</b>	<b>Research Presentations</b>
9:00 AM	
Nolwenn Marie	Non-ordinary States of Consciousness to Improve Well-being in Cancer
9:15 AM	
Farnaz Moghaddamfar	Benefits of an intervention combining self-hypnosis and self-compassion on the well-being of children with cancer and their families

**9:30 - 9:45 AM**

**Break**

**9:45 - 10:45 AM**

**KEYNOTE**

Keynote #2: TBA

**10:45 - 11:30 AM**

**Break**

**11:30 AM – 12:00 Noon**

**Research Presentations**

11:30 AM

Donald Moss

Psychophysiological Interventions, Optimal Hypnosis, and Optimal Psychotherapy

11:45 AM

David Patterson

Integrating Meditation and Hypnosis into Psychotherapy

**12:00-12:15 PM**

**Break**

**12:15 PM -1:15**

**Symposium #1**

Barbara McCann

Topic TBA

**1:15 PM – 1:45 PM**

**Research Presentations**

1:15 PM

Kaitlin A Seidenberg  
and Alex Hood

Feasibility of Clinical Hypnosis for Sleep (CHS) for Improving Sleep Quality among Adults with Mild Cognitive Impairment: Secondary analysis from a randomized, controlled pilot study

1:30 PM

Cameron Alldredge

Artificial Intelligence and Clinical Hypnosis: Ideas for Integration

**1:45 PM**

**PROGRAM ENDS FOR DAY**

**Thursday, Oct. 9**

**TIME**

**PRESENTER/ TOPIC**

**8:00-9:00 AM**

**Symposium #2**

Don Moss

Safety in Hypnosis Research in the Era of Virtual Practice, online APPS, and Virtual Research

**9:00- 9:30 AM**

**Research Presentations**

9:00 AM

Zsuzsanna Besnyo

On the Gentle Waves of Words: The phenomenological complexity of pain

9:15 AM

Youssef El-Allam

Effect of hypnosis in perioperative outcomes among patients undergoing a non-cardiovascular surgery:  
Systematic review of Randomized trials.

**9:30 - 9:45 AM**

**Break**

**9:45 - 10:45 AM**

**KEYNOTE**

Keynote #3: Carol Ginandes

**10:45 - 11:30 AM**

**Break**

**11:30 AM -12:00 Noon**

**Research Presentations**

11:30 AM

Zoltan Kekecs

The Role of Deepening in Determining Hypnotic Depth in Different Hypnotic Induction Procedures

11:45 AM

Katherine Scheffrahn

Pain and Tonic Immobility in Rabbits: A Potential Framework for an Animal Model of Hypnosis

**12:00 Noon -12:15 PM      Break**

**12:15 - 12:45 PM      Research Presentations**

12:15 PM

Katherine Scheffrahn

Exploring Anxiety and Receptivity to Hypnosis Among College Students: A Survey Study

12:30 PM

Vindhya Ekanayake

Digital Hypnotherapy for Smoking Cessation: Preliminary Findings and Lessons Learned

**12:45 – 1:45 PM      Poster Session**

Selected Poster Authors will highlight their posters.

We are still accepting poster submissions through August 1. See the [Call for Papers](#) for details.

Poster authors will be notified on a rolling basis.

**1:45 PM      SCIENTIFIC PROGRAM ENDS**

*NOTE: 2025 Workshops will take place from Friday through Sunday.*

**Scientific Program Co-chairs:** Deanna Denman, PhD and Jessie (Kittle) Markovits, MD

**Conference Details:** <https://www.sceh.us/2025-annual-conference-info>

**Questions:** Contact [info@sceh.us](mailto:info@sceh.us)