

SCEH 2024 Annual Conference - Scientific Program Brief Agenda

Saturday, Oct. 26, 2024

8:30 - 9:30 AM

1.0 CE/CME

Keynote

Tranceformation: Hypnosis in Mind, Brain, Body, and Apps

David Spiegel, MD, Willson Professor & Associate Chair of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Palo Alto, CA

9:30 - 10:00 AM

0.5 CE/CME

Technology Spotlight 1

Reliability and Validity of a New, Remotely Delivered Hypnotizability Scale

Vanessa Muniz, BS; Cameron T. Alldredge, PhD; and Gary Elkins, PhD, ABPP, ABPH, Baylor University, Waco, Texas, USA

10:15:00 AM - 12:00:00 PM

1.75 CE/CME

Research Presentations 1: Hypnosis, Mind, and Body

- Hyp1 - In the Clue of Your Steps- The Phenomenology of Active-Alert Hypnosis and Passionate Dance
Zsuzsanna Besnyo, BA and Katalin Varga PhD, DSc, Professor, Head of Department of Affective Psychology, Eotvos Lorand University Budapest, Hungary
- Hyp2 - Word Blindness Effect: Do non-hypnotic suggestions work better than hypnosis ? - A systematic review & Meta-analysis
Aman Raturi, MA, University of Delhi, Delhi, India and S.P.K. Jena, PhD, Department of Applied Psychology, South Campus, University of Delhi, Delhi, India
- Hyp3 - Nerva, a Mobile-Application of Gut-Directed Hypnotherapy for Irritable Bowel Syndrome: User Characteristics, Patterns of Use, and Predictors
Lauren Simicich, PhD; Vanessa Muniz, BS; Katherine Scheffrahn, BS; Gary Elkins, PhD, ABPP, ABPH, Baylor University, Waco, Texas, USA
- Hyp4 - Subconscious Connectedness: A Recently Identified Hypnosis-Related Personality Super-Trait That Provides a Broader Context for Hypnotizability and Hypnosis
Olafur Palsson, PsyD, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, United States

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- Hyp5 - Clinical Hypnosis and Cognitive Behavioral Therapy for Hot Flashes: Findings from a Scoping Review

Vanessa Muniz, BS; Victor Julian Padilla, MS; Cameron T. Alldredge, PhD; and Gary Elkins, PhD, ABPP, ABPH, Baylor University, Waco, Texas USA

1:30 - 3:00 PM

1.5 CE/CME

Research Presentations 2: Pain and Hypnosis

- Pain1 - Efficacy of hypnosis in pain control before and after orthopedic surgery in adults
Azadeh Zandi, MA, Eotvos Lorand University, Budapest, , Hungary
- Pain2 - Synchronicity in Pain Management Through the Lens of Biofeedback and Hypnosis
Zsuzsanna Besnyo, BA; Zoltan Kekecs PhD, Assistant Professor, Institute of Psychology, Head of the Behavioural Medicine and Research Credibility Laboratory, Eotvos Lorand University; Katalin Varga PhD, DSc, Professor, Head of Department of Affective Psychology, ELTE Eotvos Lorand University, Budapest, Hungary
- Pain3 - Combining virtual reality and hypnosis in pain management: A mixed co-construction study with chronic pain patients.
David Ogez, PhD, Alexandra Chevestrier-Lefevre, Student, Msc Pharmacy:, Floriane Rousseaux, Post-doctorate, Psychology; Jade Varonneau, Student, Msc Psychology, Centre de recherche Hopital Maisonneuve-Rosemont, Montreal, Quebec, Canada
- Pain4 - Eight Modules for Psychotherapy for Chronic Pain Informed by Hypnosis and Mindfulness
David Patterson, PhD, ABPP, University of Washington, Seattle, Washington, United States

3:15 - 3:45 PM

0.5 CE/CME

Research Spotlight 1

Self-Administered Hypnosis for Hot Flashes: Preliminary Findings and Implications for Clinical Practice

Gary Elkins, PhD, ABPP, ABPH, Cameron Alldredge, PhD; Grant Morgan, PhD; and Vanessa Muniz, BA, Baylor University, Waco, Texas, USA

3:45 - 4:45 PM

1 .0 CE/CME

Keynote

Process-Oriented Hypnosis: Expanding Targets of Treatment

Michael D. Yapko, PhD. Private practice, Fallbrook, CA

6:00 - 7:00 PM

TBA CE/CME

Poster Session

Join colleagues as we visit with our Poster Authors and to view their posters and discuss their work.

Sunday, Oct. 27, 2024

8:30 AM - 9:30 AM

1.0 CE/CME

Keynote

The "Vital" Placebo: Experiences of the Unleashed Mind

Jon K. Amundson, MA, MAPP, PhD, private practice, Calgary, Alberta, Canada

9:30- 10:00 AM

0.5 CE/CME

Research Spotlight 2

Neural correlates and discrete response patterns of hypnotic susceptibility

Mathieu Landry, PhD, Universite de Montreal, Montreal, Quebec, Canada and David Ogez, PhD, and Karim Jerbi, PhD, Universite de Montreal & CRHMR, Montreal, Quebec, Canada

10:30 - 11:00 AM

0.5 CE/CME

Technology Spotlight 2

Predicting Hypnotic Depth using Transfer Learning

Yeganeh Farahzadi, MS, Eotvos Lorand University, Belvaux, Luxembourg; Morteza Ansarinia, PhD, Department of Behavioral and Cognitive Sciences, University of Luxembourg, Belval, Luxembourg; Zoltan Kekecs, PhD, Department of Affective Psychology, Eotvos Lorand University, Budapest, Hungary

11:00 - 11:30 AM

0.5 CE/CME

Technology Spotlight 3

The Machine Will See You Now: The Potential and Perils of the New Era of Automated Clinical Hypnosis Treatment via Electronic Devices

Olafur Palsson, PsyD, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, United States

11:30 - 1:00 PM

0.75 CE/CME

Presidential Symposium: Clinical Directions

Chair: *Barbara McCann, PhD, University of Washington, Seattle, Washington, United States, and President, Society for Clinical and Experimental Hypnosis*

- PS1 - A Pilot Investigation of a Culturally-Adapted and Islamically-Infused Group Therapy for Muslims with Serious Mental Illness and Transdiagnostic Concerns
Merranda McLaughlin, MS; Salman Ahmad, MS; Malena Price, MS; Amy Weisman de Mamani, PhD, University of Miami, Coral Gables, Florida, USA

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- **PS2 Combining brief hypnotic intervention for perinatal anxiety with acceptance and commitment therapy techniques**
Nicola Park, MD and Badeea Qureshi, PhD, University of Washington, Seattle, Washington, United States
- **PS3 - Hypnosis Training and Certification: A Systematic Review**
Cameron Alldredge, PhD; Claire Green, BS; Meredith Vagner, Baylor University, Waco, Texas, United States
- **PS4 - Feasibility of a Brief Mindful Hypnosis Intervention for Emotion Regulation and Wellbeing in College Students: A Mixed-Methods Randomized Controlled Feasibility Trial**
Victor Padilla, ScM and Gary Elkins, PhD, ABPP, ABPH, Baylor University, Waco, Texas, United States

1:00 PM – Scientific Program Adjourns