

**SCEH 2024 Annual Conference - Scientific Program Brief Agenda**

*Agenda subject to change.*

**Saturday, Oct. 26, 2024**

8:30 - 9:30 AM

1.0 CE/CME

Keynote

Tranceformation: Hypnosis in Mind, Brain, Body, and Apps

*David Spiegel, MD, Willson Professor & Associate Chair of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Palo Alto, CA*

9:30 - 10:00 AM

0.5 CE/CME

Technology Spotlight 1

Reliability and Validity of a New, Remotely Delivered Hypnotizability Scale

*Vanessa Muniz, BS; Cameron T. Alldredge, PhD; and Gary Elkins, PhD, ABPP, ABPH, Baylor University, Waco, Texas, USA*

10:15:00 AM - 12:00:00 PM

1.75 CE/CME

Research Presentations 1: Hypnosis, Mind, and Body

- Hyp1 - In the Clue of Your Steps- The Phenomenology of Active-Alert Hypnosis and Passionate Dance  
*Zsuzsanna Besnyo, BA and Katalin Varga PhD, DSc, Professor, Head of Department of Affective Psychology, Eotvos Lorand University Budapest, Hungary*
- Hyp2 - Word Blindness Effect: Do non-hypnotic suggestions work better than hypnosis ? - A systematic review & Meta-analysis  
*Aman Raturi, MA, University of Delhi, Delhi, India and S.P.K. Jena, PhD, Department of Applied Psychology, South Campus, University of Delhi, Delhi, India*
- Hyp3 - Nerva, a Mobile-Application of Gut-Directed Hypnotherapy for Irritable Bowel Syndrome: User Characteristics, Patterns of Use, and Predictors  
*Lauren Simicich, PhD; Vanessa Muniz, BS; Katherine Scheffrahn, BS; Gary Elkins, PhD, ABPP, ABPH, Baylor University, Waco, Texas, USA*
- Hyp4 - Subconscious Connectedness: A Recently Identified Hypnosis-Related Personality Super-Trait That Provides a Broader Context for Hypnotizability and Hypnosis  
*Olafur Palsson, PsyD, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, United States*

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- Hyp5 - Clinical Hypnosis and Cognitive Behavioral Therapy for Hot Flashes: Findings from a Scoping Review

*Vanessa Muniz, BS; Victor Julian Padilla, MS; Cameron T. Alldredge, PhD; and Gary Elkins, PhD, ABPP, ABPH, Baylor University, Waco, Texas USA*

1:30 - 3:00 PM

1.5 CE/CME

### Research Presentations 2: Pain and Hypnosis

- Pain1 - Efficacy of hypnosis in pain control before and after orthopedic surgery in adults  
*Azadeh Zandi, MA, Eotvos Lorand University, Budapest, , Hungary*
- Pain2 - Synchronicity in Pain Management Through the Lens of Biofeedback and Hypnosis  
*Zsuzsanna Besnyo, BA; Zoltan Kekecs PhD, Assistant Professor, Institute of Psychology, Head of the Behavioural Medicine and Research Credibility Laboratory, Eotvos Lorand University; Katalin Varga PhD, DSc, Professor, Head of Department of Affective Psychology, ELTE Eotvos Lorand University, Budapest, Hungary*
- Pain3 - Combining virtual reality and hypnosis in pain management: A mixed co-construction study with chronic pain patients.  
*David Ogez, PhD, Alexandra Chevestrier-Lefevre, Student, Msc Pharmacy:, Floriane Rousseaux, Post-doctorate, Psychology; Jade Varonneau, Student, Msc Psychology, Centre de recherche Hopital Maisonneuve-Rosemont, Montreal, Quebec, Canada*
- Pain4 - Eight Modules for Psychotherapy for Chronic Pain Informed by Hypnosis and Mindfulness  
*David Patterson, PhD, ABPP, University of Washington, Seattle, Washington, United States*

3:15 - 3:45 PM

0.5 CE/CME

### Research Spotlight 1

#### Self-Administered Hypnosis for Hot Flashes: Preliminary Findings and Implications for Clinical Practice

*Gary Elkins, PhD, ABPP, ABPH, Cameron Alldredge, PhD; Grant Morgan, PhD; and Vanessa Muniz, BA, Baylor University, Waco, Texas, USA*

3:45 - 4:45 PM

1 .0 CE/CME

### Keynote

#### Process-Oriented Hypnosis: Expanding Targets of Treatment

*Michael D. Yapko, PhD. Private practice, Fallbrook, CA*

6:00 - 7:00 PM

1.0 CE/CME

### Poster Session

Join colleagues as we visit with our Poster Authors and to view their posters and discuss their work.

## Sunday, Oct. 27, 2024

8:30 AM - 9:30 AM

1.0 CE/CME

Keynote

The "Vital" Placebo: Experiences of the Unleashed Mind

*Jon K. Amundson, MA, MAPP, PhD, private practice, Calgary, Alberta, Canada*

9:30- 10:00 AM

0.5 CE/CME

Research Spotlight 2

Neural correlates and discrete response patterns of hypnotic susceptibility

*Mathieu Landry, PhD, Universite de Montreal, Montreal, Quebec, Canada and David Ogez, PhD, and Karim Jerbi, PhD, Universite de Montreal & CRHMR, Montreal, Quebec, Canada*

10:30 - 11:00 AM

0.5 CE/CME

Technology Spotlight 2

Predicting Hypnotic Depth using Transfer Learning

*Yeganeh Farahzadi, MS, Eotvos Lorand University, Belvaux, Luxembourg; Morteza Ansarinia, PhD, Department of Behavioral and Cognitive Sciences, University of Luxembourg, Belval, Luxembourg; Zoltan Kekecs, PhD, Department of Affective Psychology, Eotvos Lorand University, Budapest, Hungary*

11:00 - 11:30 AM

0.5 CE/CME

Technology Spotlight 3

The Machine Will See You Now: The Potential and Perils of the New Era of Automated Clinical Hypnosis Treatment via Electronic Devices

*Olafur Palsson, PsyD, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, United States*

11:30 - 1:00 PM

0.75 CE/CME

Presidential Symposium: Clinical Directions

Chair: *Barbara McCann, PhD, University of Washington, Seattle, Washington, United States, and President, Society for Clinical and Experimental Hypnosis*

- PS1 - A Pilot Investigation of a Culturally-Adapted and Islamically-Infused Group Therapy for Muslims with Serious Mental Illness and Transdiagnostic Concerns  
*Merranda McLaughlin, MS; Salman Ahmad, MS; Malena Price, MS; Amy Weisman de Mamani, PhD, University of Miami, Coral Gables, Florida, USA*

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- **PS2 Combining brief hypnotic intervention for perinatal anxiety with acceptance and commitment therapy techniques**  
*Nicola Park, MD and Badeea Qureshi, PhD, University of Washington, Seattle, Washington, United States*
  
- **PS3 - Hypnosis Training and Certification: A Systematic Review**  
*Cameron Alldredge, PhD; Claire Green, BS; Meredith Vagner, Baylor University, Waco, Texas, United States*
  
- **PS4 - Feasibility of a Brief Mindful Hypnosis Intervention for Emotion Regulation and Wellbeing in College Students: A Mixed-Methods Randomized Controlled Feasibility Trial**  
*Victor Padilla, ScM and Gary Elkins, PhD, ABPP, ABPH, Baylor University, Waco, Texas, United States*

1:00 PM – Scientific Program Adjourns