

# 2019 Annual Conference Workshop Presenter Bios

(Alpha order, confirmed as of July 2019)



## **John E. Alexander PhD**

John E. Alexander is a psychologist in private practice in Kent, Ohio and honorary member of the Cleveland University Hospital System Portage Medical Center. He completed his doctorate degree at Kent State University and has been licensed in the state of Ohio as a general psychologist and a school psychologist. He holds a certificate in psychoanalytic psychotherapy from the Washington School of Psychiatry and is an American Society of Clinical Hypnosis approved consultant in hypnosis.

## **Ciara Christensen, PhD**

Ciara Christensen is a licensed Clinical Psychologist in Wisconsin. Previously, she was a hospital psychologist at St. Luke's Clinic, Behavioral Health Services, in Twin Falls, Idaho. She is the President Elect for the Society of Clinical and Experimental Hypnosis. She is past President of the Society of Psychological Hypnosis (D30) of the American Psychological Association and a past Editor of FOCUS, a publication of the Society of Clinical and Experimental Hypnosis. Prior to completing her PhD, she was Managing Editor of the International Journal of Clinical and Experimental Hypnosis. She completed her doctoral degree in 2012 from Washington State University. Dr. Christensen has published over 17 refereed journal articles as well as presented research papers and clinical hypnosis workshops with Arreed Barabasz worldwide. She has over a dozen awards for her research, including the Ernest R. Hilgard Best Graduate Thesis Award from the American Psychological Association (APA) and Early Career Achievement awards from the American Society for Clinical Hypnosis and from APA.

## **Gary Elkins, PhD, ABPP, ABPH**

Gary R. Elkins is a Professor of Psychology and Neuroscience at Baylor University. He is the Editor-in-Chief of the International Journal of Clinical and Experimental Hypnosis. Gary is also Director of the Mind-Body Medicine Research Program at Baylor University conducting NIH funded research into clinical applications of hypnosis. In addition, he maintains a part-time private practice. His research and clinical work have focused on areas such as the role of the therapeutic relationship in hypnotherapy, hypnotizability, mechanisms, pain, sleep, hot flashes, and stress. Dr. Elkins is the author of five books including the *Handbook of Medical and Psychological Hypnosis: Foundations, Applications and Professional Issues*. He is a renowned expert in clinical hypnosis and Immediate Past President of the Society for Clinical and Experimental Hypnosis; Past-President of the Society for Psychological Hypnosis (Division 30 of the American Psychological Association). He is also Past-President of both the American Society of Clinical Hypnosis and the American Board of Psychological Hypnosis. Elkins holds the Diplomate in Clinical Hypnosis from the American Board of Psychological Hypnosis (ABPH) and the Diplomate in Clinical Health Psychology from the American Board of Professional Psychology (ABPP). He has taught courses nationally and internationally on clinical hypnosis.

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**Dabney M. Ewin, MD, FACS**

Dabney M. Ewin taught hypnotherapy to Tulane Medical School students from 1970 until his retirement in 2015, serving as a Clinical Professor of Surgery and Psychiatry there, and also as a Professor of Psychiatry at Louisiana State University Medical School. He also had an active private practice treating psychosomatic disorders by hypnoanalysis. He is a pioneer in the treatment of burn patients with hypnosis, and has authored a number of books. He is Past President of both ASCH and the American Board of Medical Hypnosis, and a Fellow of SCEH. He has received the Milton Erickson award of ASCH, the Roy Dorcas Award of SCEH, and the Pierre Janet Award of ISH. He has an active private practice treating psychosomatic disorders by hypnoanalysis.

**Shelagh Freedman, MA, PhD**

Shelagh Freedman conducted her doctoral research at Concordia University under the supervision of Jean-Roch Laurence. Her research examined individual differences in susceptibility to false memory, and how hypnotizability, the context of hypnosis, and beliefs about memory play a role. Her research interests also include the measurement of hypnotizability, understanding the neurophysiology of hypnosis, and the subjective experience of nonvolition.

**Carol Ginandes, PhD, ABPP**

Carol Ginandes is a health psychologist in Watertown, Massachusetts. She holds staff appointments at McLean Hospital and Harvard Medical School and has done clinical research in the area of hypnotically facilitated healing. Her practice integrates hypnosis with psychotherapy to address a wide variety of mind-body problems. In addition to her clinical practice and written publications, she has created various comprehensive hypnosis audio programs.

**Joseph Green, PhD**

Joseph P. Green is a professor at The Ohio State University and currently serves as the psychology program coordinator at a regional campus of OSU in Lima, OH. He has published over 70 journal articles, book chapters, and encyclopedia entries, and produced two volumes on applied clinical hypnosis. The majority of his publications have centered around the topics of hypnosis, imagination, and suggestion-based approaches to psychotherapy. Dr. Green has been elected president of Division 30 of the American Psychological Association (Society for Psychological Hypnosis) three times. He is a Fellow of APA Division 30 and the Society for Clinical and Experimental Hypnosis. He has received a number of awards for research, teaching, and mentoring of undergraduate students and early career researchers.

**Janna A. Henning, JD, PsyD, FT**

Janna A. Henning is a clinical psychologist, educator, and researcher who specializes in traumatic stress, dissociative disorders, chronic and life-threatening illness, death and dying, bereavement, and loss. She is a Professor in the Doctoral Program in Clinical Psychology at Adler University in Chicago, and the creator and coordinator of its Traumatic Stress Psychology Emphasis. Dr. Henning is also: Co-Chair of the Education and Training Committee of Division 56 (Trauma) of the American Psychological Association; President-Elect of the Society for Clinical and Experimental Hypnosis; a Fellow in Thanatology (Death,

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Dying and Bereavement) through the Association for Death Education and Counseling, and a member of the clinical faculty for the Portland Institute for Loss and Transition. She provides training and consultation for professionals and has provided clinical services for traditionally underserved individuals coping with traumatic life events, dissociative disorders, chronic/life-threatening illness, bereavement, or loss in a wide range of settings, including military centers, hospitals, prison aftercare facilities, and community-based agencies and practices.

### **Zoltan Kekecs, PhD**

Dr. Kekecs received his PhD in behavioral medicine in 2014 from ELTE. He is currently working as assistant professor at ELTE, Department of Affective Psychology, and as a part time senior lecturer at Lund University. His research is related to the effectiveness of hypnosis interventions used in medicine, and the psychophysiological mechanisms underlying these effects. He is also interested in developing methods and tools to improve the credibility of research in psychological science. Dr. Kekecs is active in professional communities, serving as Secretary of the Society for Clinical and Experimental Hypnosis and as a member of the Data and Methods Committee of the Psychological Science Accelerator.

### **Samuel Kohlenberg, PhD**

Samuel Kohlenberg is a professional counselor licensed in Colorado, Michigan, and North Carolina, and is an Approved Clinical Supervisor (ACS). He has taught for the last two years at Naropa University's Graduate School of Counseling & Psychology and has instructed for the American Society of Clinical Hypnosis and the Colorado Society of Clinical Hypnosis. He is an entering MEHP Fellow at Johns Hopkins University. His clinical work includes the treatment of stress, and his area of clinical specialization includes therapy for exceptionally and profoundly gifted young adults. Samuel has served on multiple boards and committees for non-profit, clinical, and scientific organizations, including Supporting the Emotional Needs of the Gifted (SENG), the Colorado Counseling Association, and the American Society of Clinical Hypnosis. He served as Founding President of the Colorado Society of Clinical Hypnosis, 2016-2017.

### **Paul Larson, PhD**

Paul Larson obtained a PhD in 1977 from the University of Utah and a J.D. from DePaul University in 1993. He came to The Chicago School as an associate professor in 1997 and became a full professor in 2004. He is coordinator of the Health Psychology concentration in the Clinical PsyD program. Dr. Larson has worked with in-patient and out-patients, primarily with severe and chronic medical conditions and disabilities. He did his internship at the VA Medical Center in Salt Lake City, Utah, and worked for 10 years following completion of his doctorate at the VA Medical Center, Dayton, Ohio. He then served for six years as Director of Psychology at Schwab Rehabilitation Hospital in Chicago. He has chaired numerous dissertations on health psychology, mindfulness and other aspects of spirituality, veterans and military affairs. Dr. Larson works within humanistic-existential and systems models. A major research and teaching interest in historical and philosophical psychology. He is a member of the American Psychological Association (APA) and the Society for Clinical and Experimental Hypnosis. In addition, he is a member of numerous divisions within the APA.

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**Barbara McCann, PhD**

Barbara McCann is Professor of Psychiatry and Behavioral Sciences, and holder of the Mental Health Counseling and Hypnosis Endowed Chair at the University of Washington since its inception in 2007. She received her graduate training in clinical psychology at Rutgers University and completed her internship and postdoctoral fellowship at the University of Pittsburgh. She is a Fellow of the Society of Behavioral Medicine and the American Psychological Association. She divides her time between teaching cognitive behavior therapy and hypnosis to psychiatry and psychology residents and medical students, providing direct clinical services to outpatients, participating in the Sleep Center at Harborview Medical Center, and engaging in research activities.

**Donald Moss, PhD, BCB**

Donald Moss is Dean, College of Integrative Medicine and Health Sciences, at Saybrook University, Oakland, CA. There he has built training programs in biofeedback, clinical hypnosis, integrative mental health, wellness coaching, and integrative/functional nutrition. Dr. Moss is currently President of the Society for Clinical and Experimental Hypnosis. He is also the ethics chair and international certification chair for the Biofeedback Certification International Alliance. He has served as president of Division 30 (hypnosis) of the American Psychological Association, and president of the Association for Applied Psychophysiology and Biofeedback (AAPB). Dr. Moss is the author, with Angele McGrady, of *Integrative Pathways: Navigating Chronic Illness with a Mind-Body-Spirit Approach* (Springer). He also has a book in preparation with co-editor Inna Khazan on *Mindfulness, Compassion, and Biofeedback Practice* (AAPB) and a book in preparation with co-editor Fredric Shaffer on *Physiological Recording Technology and Applications in Biofeedback and Neurofeedback* (AAPB). Moss is co-editor of *Foundations of Heart Rate Variability Biofeedback* (AAPB, 2016), co-author of *Pathways to Illness, Pathways to Health* (Springer, 2013), and chief editor of *Handbook of Mind-Body Medicine for Primary Care* (Sage, 2003) and *Humanistic and Transpersonal Psychology* (Greenwood, 1998).

**David Patterson, PhD, ABPP**

David R. Patterson is a professor in the Departments of Rehabilitation Medicine, Surgery, and Psychology at the University of Washington School of Medicine. Dr. Patterson has been working as a clinical psychologist at Harborview Medical Center since 1983, particularly in the Burn Unit and the Psychology Consultation and Liaison program he created. He holds diplomate degrees in the areas of Psychological Hypnosis and Rehabilitation Medicine. Dr. Patterson has run psychology intern and postdoctoral training programs for more than 25 years and has mentored hundreds of students. His research has been funded by the National Institutes of Health since 1989, and he has more than 150 articles and chapters published in the area of hypnosis, pain control, and adjustment to trauma. His articles can be found in such journals as *Psychological Bulletin*, *Journal of Consulting and Clinical Psychology*, *Journal of Abnormal Psychology*, *Pain*, and the *New England Journal of Medicine*. In 2010, he released an invited book entitled, *Clinical Hypnosis for Pain Control*, published by the American Psychological Association.

**David B. Reid, PsyD**

David B. Reid is a licensed clinical psychologist, author, Adjunct Clinical Professor in the Department of Health Sciences at the James Madison University, and Founder and President of In The Zone Consulting, Inc., a business consulting firm in Central Virginia

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specializing in leadership training, conflict resolution, and promotion of healthy workplace habits. A graduate of Loyola College in Maryland and Wright State University, Dr. Reid completed a postdoctoral fellowship in rehabilitation and neuropsychology at the University of Virginia in 1993. In 2005, Dr. Reid was appointed by Governor Mark Warner of Virginia to serve on the Commonwealth Neurotrauma Initiative Trust Fund Advisory Board, a governor-appointed body that administers the funding of groundbreaking research and innovative community-based neurotrauma rehabilitation programs. In 2009, he was appointed to an additional 4-year term by Governor Tim Kaine. He was elected chairman of this board during his first year and is now in his 4th term in that capacity. Dr. Reid is the coauthor of *Permanent Habit Control: Practitioner's Guide to Using Hypnosis and Other Alternative Health Strategies* (2010) and award winning author of *Hypnosis for Behavioral Health* (2012), a professional text honored by The Society for Clinical and Experimental Hypnosis as the best book on hypnosis in 2013.

### **Lynae Roberts, MA**

Lynae Roberts is a doctoral student in the Department of Psychology and Neuroscience at Baylor University in Waco, Texas, USA. At the university, she works as a graduate researcher in the Mind-Body Medicine Research Laboratory, directed by Dr. Gary Elkins. She is the managing editor of the *International Journal of Clinical and Experimental Hypnosis*, the official scholarly journal of the Society for Clinical and Experimental Hypnosis.

### **Philip Shenefelt, MD, ABMH**

Philip Shenefelt is a Professor of Dermatology and Cutaneous Surgery at the University of South Florida with a focus on use of hypnosis in dermatology.

### **Dan Short, PhD.**

Dan Short is the current Director of the Milton H. Erickson Institute of Phoenix. He is the former Executive Editor for the Milton H. Erickson Foundation Newsletter, and he has served as Assistant Director at the Milton H. Erickson Foundation. In an effort to support outcome research for Ericksonian therapy, Dan has created the Ericksonian treatment manual that describes the core competencies of Ericksonian therapy and provides a tool for measuring these competencies. Dan is the lead author of *Hope and Resiliency*, which was written with Betty Alice Erickson and Roxanne Erickson-Klein. He is the author of *Transformational Relationships* as well as a new book explaining the psychology of William James and its applications in the therapeutic approach of Milton Erickson. Dan collaborated with Roxanne Erickson-Klein to define Ericksonian Psychotherapy in the SAGE Encyclopedia of Counseling and Theory. Dan maintains a private practice in Scottsdale, Arizona, while also teaching hypnosis at Southwest College of Naturopathic Medicine. He conducts consultation groups for local professionals, provides supervision of professionals inside and outside the United States, as well as serving as visiting faculty at institutes around the world.

### **Karen Slaton, PhD**

Karen Slaton is a psychologist, registered yoga teacher, and exercise physiologist who is also certified in clinical hypnosis. She is the program manager for Primary Care Mental Health Integration/Behavioral Medicine at the New Orleans VA Medical Center. Her clinical work is in the areas of complimentary and integrated health care and chronic pain treatment.

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She is a Clinical Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the Tulane University School of Medicine and is actively involved in training future psychologists, psychiatrists and physical medicine physicians. She serves as president of the New Orleans Society for Clinical Hypnosis. A fitness enthusiast, she is currently an avid lover of Barre 3 and Orange Theory. In her spare time, she is training to hike the Inca Trail to Machu Picchu this fall. A resident of New Orleans, she is a member of two Mardi Gras Krewes: The Divine Protectors of Endangered Pleasures (DIVA) and the infamous 610 Stompers who will be in the Macy's Thanksgiving Day Parade for the third time this year.

### **James Straub, EdD**

James Straub took his first ASCH training in his final year of his doctoral program at the University of Arizona in 1976. Over the years he began integrating direct and indirect hypnosis into Adlerian CBT, Gestalt Therapy, Transactional Analysis, neuropsychology/ neuro-immunology, imagery, Psychosynthesis and NLP. He was fortunate enough to train with leaders and founders of these approaches. In parallel he was interested in the larger mind/body neurological relationship. This led to his developing his transtheoretical approaches.

### **Moshe Torem, MD**

Moshe Torem is a board-certified psychiatrist who completed a two-year fellowship in Liaison Psychiatry and Psychosomatic Medicine at the University of Rochester School of Medicine. He is a distinguished life fellow of the American Psychiatric Association, Life-fellow of the American Society of Clinical Hypnosis, and Fellow of the Society for Clinical and Experimental Hypnosis. Dr. Torem is a past president of the International Society for the Study of Trauma and Dissociation and the American Society of Clinical Hypnosis. In addition to authoring numerous articles and book chapters in the fields of psychiatry, clinical hypnosis, and integrative mind-body medicine and health, Dr. Torem has been a frequent lecturer and workshop presenter throughout the United States and other countries. In his multifaceted practice, Dr. Torem is well-known for his highly pragmatic approaches in the uses of age progression strategies, with and without formal hypnosis, as an important and unique contribution to the field of therapeutic hypnosis. Dr. Torem currently serves as Professor of Psychiatry at Northeast Ohio Medical University and as Chief of Integrative Medicine and Faculty and Balint Group Facilitator, Family Medicine Residency Program, at Akron (OH) General Medical Center.

### **Joseph Tramontana, PhD**

A native of New Orleans, Joseph Tramontana completed his doctoral training at the University of Mississippi in Clinical Psychology. He is formerly Secretary of ASCH and was awarded fellowship status at their March 2018 conference. He is also outgoing President of the New Orleans Society for Clinical Hypnosis (after 5 years). He is also on the Board of Directors of the Southern Pain society. Dr. Tramontana has published two books on hypnosis; one on addictions with a title very similar to this workshop and one on sports hypnosis. He has presented advanced workshops on both of those topics at both SCEH and ASCH meetings. He also presented last year at SCEH on Hypnotically Enhanced Psychotherapy, and has presented a workshop on that topical area at the World Hypnosis Conference in August 2018 in Montreal.

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### **Maureen Turner, MEd, LCMHC, RNBC, LCSW**

Maureen Turner is a Licensed Certified Mental Health Counselor, an American Nurses Association Board Certified Psychiatric Nurse, a Licensed Certified Social Worker, an Approved Consultant for ASCH, an entrepreneur, administrator, clinician, educator, author and researcher. She founded C.O.P.E. in Boston (1972-92), the nation's first Pregnancy/Parenting Mental Health Clinic, established a successful fundraising/public relations business, developed home care psychiatric services, and became Chief Operating Officer for two home care agencies with psychiatric specialties. She has been a contributing author to *Our Bodies, Ourselves, First Edition* (1972), *The Woman Patient* (1986) and featured in "What One Woman Can Do", *Woman's Day Magazine, International* (1973), *Expert Opinion, Parents Magazine*, (1987-92). Maureen has authored and co-authored numerous Clinical Hypnosis Workshop Training Manuals, been interviewed by local, national and international media and venues including *Life Magazine* and *Voice of America* and appeared on local and syndicated national television. She has a long list of volunteer positions in non-profit organizations including being a founding board member and Vice President, for the Solomon Carter Fuller Mental Health Center in Boston and a member of the First Nation Bear Clan, Abenaki Tribe in Vermont.

### **Ian Wickramasekera, PsyD**

Ian Wickramasekera has a lifelong fascination with topics such as Affective Neuroscience, Biofeedback, Bon-Buddhism, Empathy, Hypnosis, Lucid Dreaming, Mind/Body Medicine, and Transpersonal Psychology. His research into these areas has won him a number of awards such as the Clark L. Hull Award for Scientific Excellence in Hypnosis and the Milton H. Erickson Award for Scientific Excellence in Clinical Hypnosis from the American Society of Clinical Hypnosis. Dr. Ian also won the Distinguished Early Career Contributions to Hypnosis award from the American Psychological Association as well as from the American Society of Clinical Hypnosis. He is a Science Editor for the *American Journal Of Clinical Hypnosis* and a Fellow of the Society for Clinical and Experimental Hypnosis (SCEH) and the Society of Psychological Hypnosis (Division 30) of the American Psychological Association.

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